



## Division 4 East

06/09/2008

Chepstow	v	Tredegar Ironsides
Pontllanfraith	v	Crumlin
St Josephs	v	Machen
Llandaff	v	Monmouth
Rhiwbina	v	Brynithel
Risca	v	Nantyglo

13/09/2008

Tredegar Ironsides	v	Risca
Nantyglo	v	Rhiwbina
Brynithel	v	Llandaff
Monmouth	v	St Josephs
Machen	v	Pontllanfraith
Crumlin	v	Chepstow

20/09/2008

Crumlin	v	Tredegar Ironsides
Chepstow	v	Machen
Pontllanfraith	v	Monmouth
St Josephs	v	Brynithel
Llandaff	v	Nantyglo
Rhiwbina	v	Risca

27/9/0208 or 25/10/2008

Tredegar Ironsides	v	Rhiwbina
Risca	v	Llandaff
Nantyglo	v	St Josephs
Brynithel	v	Pontllanfraith
Monmouth	v	Chepstow
Machen	v	Crumlin

04/10/2008

Machen	v	Tredegar Ironsides
Crumlin	v	Monmouth
Chepstow	v	Brynithel
Pontllanfraith	v	Nantyglo
St Josephs	v	Risca
Llandaff	v	Rhiwbina



## Division 4 East

11/10/2008

Tredegear Ironsides	v	Llandaff
Rhiwbina	v	St Josephs
Risca	v	Pontllanfraith
Nantyglo	v	Chepstow
Brynithel	v	Crumlin
Monmouth	v	Machen

18/10/2008

Monmouth	v	Tredegear Ironsides
Machen	v	Brynithel
Crumlin	v	Nantyglo
Chepstow	v	Risca
Pontllanfraith	v	Rhiwbina
St Josephs	v	Llandaff

01/11/2008

Tredegear Ironsides	v	St Josephs
Llandaff	v	Pontllanfraith
Rhiwbina	v	Chepstow
Risca	v	Crumlin
Nantyglo	v	Machen
Brynithel	v	Monmouth

06/12/2008

Brynithel	v	Tredegear Ironsides
Monmouth	v	Nantyglo
Machen	v	Risca
Crumlin	v	Rhiwbina
Chepstow	v	Llandaff
Pontllanfraith	v	St Josephs

13/12/2008

Tredegear Ironsides	v	Pontllanfraith
St Josephs	v	Chepstow
Llandaff	v	Crumlin
Rhiwbina	v	Machen
Risca	v	Monmouth
Nantyglo	v	Brynithel



## Division 4 East

03/01/2009

Nantyglo	v	Tredegar Ironsides
Brynithel	v	Risca
Monmouth	v	Rhiwbina
Machen	v	Llandaff
Crumlin	v	St Josephs
Chepstow	v	Pontllanfraith

10/01/2009

Risca	v	Tredegar Ironsides
Rhiwbina	v	Nantyglo
Llandaff	v	Brynithel
St Josephs	v	Monmouth
Pontllanfraith	v	Machen
Chepstow	v	Crumlin

17/01/2009

Tredegar Ironsides	v	Chepstow
Crumlin	v	Pontllanfraith
Machen	v	St Josephs
Monmouth	v	Llandaff
Brynithel	v	Rhiwbina
Nantyglo	v	Risca

31/01/2009

Tredegar Ironsides	v	Crumlin
Machen	v	Chepstow
Monmouth	v	Pontllanfraith
Brynithel	v	St Josephs
Nantyglo	v	Llandaff
Risca	v	Rhiwbina

21/02/2009

Rhiwbina	v	Tredegar Ironsides
Llandaff	v	Risca
St Josephs	v	Nantyglo
Pontllanfraith	v	Brynithel
Chepstow	v	Monmouth
Crumlin	v	Machen



## Division 4 East

28/02/2009

Tredegar Ironsides	v	Machen
Monmouth	v	Crumlin
Brynithel	v	Chepstow
Nantyglo	v	Pontllanfraith
Risca	v	St Josephs
Rhiwbina	v	Llandaff

07/03/2009

Llandaff	v	Tredegar Ironsides
St Josephs	v	Rhiwbina
Pontllanfraith	v	Risca
Chepstow	v	Nantyglo
Crumlin	v	Brynithel
Machen	v	Monmouth

28/03/2009

Tredegar Ironsides	v	Monmouth
Brynithel	v	Machen
Nantyglo	v	Crumlin
Risca	v	Chepstow
Rhiwbina	v	Pontllanfraith
Llandaff	v	St Josephs

04/04/2009

St Josephs	v	Tredegar Ironsides
Pontllanfraith	v	Llandaff
Chepstow	v	Rhiwbina
Crumlin	v	Risca
Machen	v	Nantyglo
Monmouth	v	Brynithel

11/04/2009

Tredegar Ironsides	v	Brynithel
Nantyglo	v	Monmouth



## Division 4 East

Risca	v	Machen
Rhiwbina	v	Crumlin
Llandaff	v	Chepstow
St Josephs	v	Pontllanfraith

18/04/2009

Pontllanfraith	v	Tredegar Ironsides
Chepstow	v	St Josephs
Crumlin	v	Llandaff
Machen	v	Rhiwbina
Monmouth	v	Risca
Brynithel	v	Nantyglo

25/04/2009

Tredegar Ironsides	v	Nantyglo
Risca	v	Brynithel
Rhiwbina	v	Monmouth
Llandaff	v	Machen
St Josephs	v	Crumlin
Pontllanfraith	v	Chepstow